



LEAGUE RULES

Sportsmanship Policy: The IBA expects all individuals participating in an IBA event to contribute to the positive and rewarding experience for the youth involved. Any behavior that is detrimental to the positive experience will not be tolerated.

Behaviors considered inappropriate and/or disruptive include, but are not limited to:

- Taunting players, coaches, officials, or spectators by means of ridiculing, baiting, threatening physical violence, or physical violence,
- Using obscene or vulgar language, or speaking in a boisterous manner, to anyone at any time,
- Intentionally distracting players, coaches, or officials during a game,
- Any activity that could pose a safety hazard to any one of the participants named above.

Sportsmanship Procedure: If any participant notices behavior that is detrimental to the positive environment of the IBA, the event may be stopped. Any violators to the above Sportsmanship Policy will be identified and reported to the IBA President or a member of the IBA Dispute Resolution Committee. The violator may then be subject to action as determined by the IBA President or Dispute Resolution Committee which shall include, but is not limited to:

- Suspension from future league activities
- Expulsion of the violator without refund

League Rules:

- Players can only be listed on 1 roster and can only play in 1 division.
- Players can play up a grade but cannot play down a grade independent of age.
- Players should bring their own warm-up balls.
- The 28.5" Ball will be used in all games.
- Each team will need to provide one adult scorekeeper/clock operator for their games.
- (2) 20-minute halves for all grades.
- Two free throws will be awarded on the 7th and all subsequent team fouls each half
- Continuous clock until the last minute of each half, unless there is a lead of greater than 15 points, in which case the clock will continue to run.
- 20-point mercy rule – if a team is ahead by 20 points or more with 2 minutes left in the game or less, the game will be over.
- 3 – 1 minute time outs per game. Clock stops during all time outs (can only carry over 2-time outs for the 2nd half)
- Overtime – 1 minute (clock will stop). If third overtime is played, this game will be sudden death (first team to score wins).
- 1 time out per team in overtime.
- 4 minutes for halftime
- NO dribbling in hallways
- Start next game on time or up to 5 minutes early if running ahead of schedule.
- 3-point shot – scored in all divisions where 3-point line is marked on court.

- Full court pressing is allowed, except:
 - 3rd and 4th Grade Boys and Girls will NOT be able to press or run zone defense. Double teaming is allowed in the half court.
 - All other Boys and Girls grades may press at any time during the game, except Full court press will not be allowed when a team is ahead by 15 or more points.
- **Referees:** will be provided for all games.
- **Uniforms:** Reversible jerseys are required. Home team to wear light color.
- **Coaches:** will be allowed to stand only to motivate and coach the players in a positive manner! If an official asks you to sit down, you must comply! Failure to do so will result in an immediate technical foul.
- **Technical Fouls:** The IBA has adopted the following on technical fouls for all Coaches and Players.
 - First Technical = Warning.
 - Second Technical = Immediate removal from the game.
 - Third Technical = Individual will be banned from the IBA for the remainder of the season.
 - This is not per game but rather each season.
- 3rd and 4th grade rules only:
 - No zone defense, only man-to-man – Double teaming is allowed in half court.
 - Help side defense is allowed as long as team is playing man-to-man defense.
 - No full court press.
 - 9' hoops for 3rd grade boys
 - 9' hoops for 3rd and 4th grade girls
 - 10' hoops for 4th grade boys/5th grade girls and above.
 - 15' free throw line used for all divisions. Divisions playing on 9' hoops may cross the line, but shooter can't be the first person to touch the ball on a rebound.
 - Only 6 players in the box for free throws.
 - Cannot steal the ball from dribble unless inside the 3-point line.
- All rules not covered here will follow the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union (IHSAA & IGHSAU).

Release: In consideration of being allowed to participate, Players, Parents and Coaches, waive all claims for injury, accident or loss of any kind and hereby release Indianola Basketball Association and all associated gymnasiums, their employees, members, workers, and representatives from any claims.

Note for injured players - Ice will be provided at the concession stand and if coach(es) or parent(s) think it is needed 911 will be called to handle the situation. THERE WILL BE NO MEDICAL STAFF ON DUTY.