



# LEAGUE RULES

**Sportsmanship Policy:** The IBA expects all individuals participating in an IBA event to contribute to the positive and rewarding experience for the youth involved. Any behavior that is detrimental to the positive experience will not be tolerated.

Behaviors considered inappropriate and/or disruptive include, but are not limited to:

- Taunting players, coaches, officials or spectators by means of ridiculing, baiting, threatening physical violence, or physical violence,
- Using obscene or vulgar language, or speaking in a boisterous manner, to anyone at any time,
- Intentionally distracting players, coaches or officials during a game,
- Any activity that could pose a safety hazard to any one of the participants named above

**Sportsmanship Procedure:** If any participant notices behavior that is detrimental to the positive environment of the IBA, the event may be stopped. Any violators to the above Sportsmanship Policy will be identified and reported to the IBA President or a member of the IBA Dispute Resolution Committee. The violator may then be subject to action as determined by the IBA President or Dispute Resolution Committee which shall include, but is not limited to:

- Suspension from future league activities
- Expulsion of the violator without refund

## League Rules:

- Players can only be listed on 1 roster per division.
- Players must play with their grade or up a division. No player is allowed to play down a division no matter their birthday or experience level.
- 28.5" Ball will be used in all games.
- 3-point shot – scored in any game where court is marked
- (2) 20-minute halves for all grades.
- Continuous clock until the last minute of each half, unless there is a lead of greater than 15 points, in which case the clock will continue to run.
- 2 shot bonus will be awarded on the 7th team foul – no 1 and 1.
- 3 – 1 minute time outs per game. Clock stops during all time outs (can only carry over 2-time outs for the 2nd half)
- 4 minutes for halftime and warm-ups. These may be shortened if the court is running behind.
- Overtime – 1 minute (clock will stop). If third overtime is played, this game will be sudden death (first team to score wins). 1 additional timeout per team in each overtime period.
- Full court pressing is allowed in 5th-8th grade divisions unless a team is up by more than 15 points.
- Zone defense is allowed in 5th-8th grade divisions.
- 3rd and 4th grade rules only:
  - No zone defense, only man-to-man – Double teaming and help defense is allowed. Each player must be able to identify which player they are guarding.
  - No full court press at any time.

- 9' hoops for 3rd grade boys and 3rd and 4th grade girls. 10' hoops for 4th grade boys/5th grade girls and above.
  - 15' free throw line used but may jump across the line on release
  - Only 6 players in the box for free throws.
  - Cannot steal the ball from dribble unless inside the 3-point line.
  - Can steal the ball on the pass once offense is in the half court.
- Players should bring their own warm-up balls.
  - Each team will need to provide one adult scorekeeper/clock operator for their games.
  - NO dribbling in hallways
  - Start the next game on time or up to 5 minutes early if running ahead of schedule.
  - **Referees:** will be provided for all games. At least 1 certified referee per game. 3rd-5th grade may utilize 1 noncertified referee per game.
  - **Uniforms:** Reversible jerseys are required with numbers on at least 1 side.
  - **Coaches:** will be allowed to stand only to motivate and coach the players in a positive manner! If an official asks you to sit down, you must comply! Failure to do so will result in an immediate technical foul.
  - **Technical Fouls:** BA has adopted the following on technical fouls for all Coaches and Players.
    - First Technical = Warning.
    - Second Technical = Immediate removal from the game.
    - Third Technical = Individual will be banned from the IBA for the remainder of the season.
  - This is not per game but rather each season.
- All rules not covered here will follow the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union (IHSAA & IGHSAU).

**Release:** In consideration of being allowed to participate, Players, Parents and Coaches, waive all claims for injury, accident or loss of any kind and hereby release Indianola Basketball Association and all associated gymnasiums, their employees, members, workers and representatives from any claims.

**Note for injured players** - Ice will be provided at the concession stand and if coach(es) or parent(s) think it is needed 911 will be called to handle the situation. THERE WILL BE NO MEDICAL STAFF ON DUTY.